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PASTORAL MESSAGE FOR THE MONTH OF JUNE 2024

CLIMBING MOUNTAIN 2024



Dear beloved Priests, Religious Brothers and Sisters and the Laity of our Diocese of Gizo. Grace and Peace of our Lord Jesus Christ and the Love of God and the Unity of the Holy

Spirit be with you all.

Before we enter into the 6th month of our journey in the year 2024, it is always good and beautiful as an individual, as a family, community, Parish, Deanery and a Diocese, to sit down quiet for few moment and reflect on the journey that you/we have taken during the month of May. Together let us all Thank God for the protection and guidance throughout the month and also for all his providence.

The month of May as we know is a month dedicated to our beloved mother Mary. A time to journey with her in prayer, visiting the sick, disable, the aged, those in prison and many more, who are in great need of our prayers and visit to them. Hope that during this month we journey faithfully with our beloved mother.

As Bishop Shepherding the Diocese, I want to express my sincere gratitude to all our beloved Diocesan and Religious Priests in our Parishes for the tireless Pastoral Service they have given and offered to all our people. As we know that without them there is no Sacrament. Also our Religious Brothers and Sisters serving in Schools and Health Centers (clinics) for their valuable contribution. Not forgetting our beloved Laity for keeping the Catholic

Faith alive and active in our families, communities and in all Church Ministries working in our Diocese. Now, I ask each one of us to prepare ourselves as we will continue to climb the Mountain 2024

Our message for the month of June is on climbing mountain 2024. To climb mountain is not an easy task. It is a risk. It needs a lot of planning, going through right training, so to have fitness, skills, courage and to have right equipment before you/ we can begin your/ our adventure.

Standing at the foot of mountain 2024, looking up, it's too high, too steep, not knowing where to begin. But making a good survey, at the bottom of the mountain, as to where to begin, there are six (6) path ways to be taken or followed, in order to reach the top of the mountain, on the level ground.

According to the Liturgical Calendar for the year, each month has its' own program and activity that we cannot change them because of their importance and above all, our Communion, Participation and Mission with the Universal Church. As a Diocese what we should do now is our Pastoral Coordinator to identify important program and event of our beloved Diocese to create a Diocesan Calendar for the year.

Here are 6 narrow paths to be taken to reach the top of the mountain 2024: 1) The month of January, 2) The month of February, 3) The month of March, 4) The month of April, 5) The month of May, and finally 6) The month of

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PASTORAL MESSAGE FOR THE MONTH OF JUNE 2024

From front page, pg 1

June. For the last five (5) months, we have been climbing mountain 2024. Each of us as we climb mountain 2024, we encountered so many challenges, blocking us from going any further.

Now, amidst all the challenges and difficulties, that we encountered, never forget Jesus the great mountain climber to be with you/us. Believe it or not, following his every footstep, you will reach the

top of mountain 2024. He climbed mountain Calvary with a heavy cross on his shoulder; he endured the pain of the crown of thorn on his head; he fell three times but he stood up and kept going; he was stripped of his garments; he was mocked; he was nailed to a cross; he was pierced at his side but patiently he climbed silently.

Brothers and Sisters approaching the top of the mountain, you could hear from a distance, beautiful angelic voices singing hymns of adoration. Entering the Golden gate of the month of June, from a distance you could see a Cross standing and an image of the suffering savior hanging helplessly. His pierced side was opened that you could see his Most Sacred Heart still bleeding; this represent the Feast of the of the Sacred Heart of Jesus. At the foot

of the Cross an Altar was built and on it was a monstrance, and in it was the Precious Body of Jesus, this represent the Solemnity of the Feast of Corpus Christi; On the right side of the Altar stood Mother Mary, this again represent the Feast of the Immaculate Heart of the Blessed Virgin Mary. The whole area was like a Sanctuary. Around the sanctuary, stood all the Saints, singing hymn of Adoration in worship of the Real Presence of the BODY and BLOOD of Christ: St. Justine the martyr, St. Charles Lwanga and companion, martyr, St. Boniface, Bishop and martyr, St. Barnabas the Apostles, St. Anthony of Padua, Priest & Doctor of the Church, St. Romuald Abot, St. Aloysius Gonzagar, St. Irenaeus Bishop and martyr and the great two Pillars of the Church; Sts. Peter and Paul, all of them fall in adoration before the Real Presence of the BODY and BLOOD of Christ.

Dear Brothers and Sisters in Christ, If the Angels and Saints in Heaven adore the Real Presence of Jesus in the Holy Eucharist who are we as human being, if we are not adoring our Lord and Savior? May God bless, and protect us as we journey through this month of June.

Thank you and God bless.

Servant Bishop Peter HOUHOU.

WORLD CHILDREN'S DAY 2024 — St. Eusebius Noro Parish.



TAGIO TUMAS !!

"...our joy increases to the extent that we share it. Joy is born of gratitude for the gifts we have received and which we share in turn and it grows in our relationships with others.

-Pope Francis, Message for the World Children's Day 2024

On this first day of World's Children's Day, our Altar Servers had their picnic! Truly, all is providence--truck, food, venue, even the ice cream! Our children reminded us to truly trust in the Father who provides everything for us! Congratulations to our awardees: Best in

Attendance -- Bennet and Jenny, and Most Improved Altar Server -- Jenny! May they be good examples to our younger altar servers.

We thank all who made this picnic possible: E-Shine and Maman for the truck, Betty and her family for welcoming us in a very good place, Randy and Ann for sharing their food and time with us, and Mommy Helen and Mommy Bernadette for accompanying us.

It is truly God who does!

POPES MESSAGE FOR YOUNG PEOPLE

VATICAN
NEWS

Pope to youth in Venice: Get off your phones and pay attention to others.



As he visits the Italian city of Venice, Pope Francis urges young people to make themselves a gift for other

people by focusing on how we can help someone else instead of complaining about being alone or misunderstood.

Pope Francis met on Sunday morning with young people in Venice in the square in front of the Basilica of St. Mary of Good Health.

The encounter marked the third event of his one-day pastoral visit to the northern Italian city for the Venice Art Biennale.

Speaking to young people, the Pope recalled that we have all received the great gift of being God's beloved children and are therefore called to share His joy with others.

"We are here today," he said, "to rediscover in the Lord the beauty that we are and to rejoice in the name of Jesus, a youthful God who loves young people and always surprises us."

He reflected on two verbs that characterize the Blessed Virgin Mary's action as soon as she heard she would become the Mother of God: "She arose and went."

God sees us as children to lift up

"Arise," said Pope Francis to young people in Venice. "Get up from the ground, because we are made for Heaven. Rise from sadness to lift your gaze upward. Rise to stand in front of life, not to sit on the couch."

The first thing each of us should do when we wake up each morning, he added, is to thank God for the gift of our lives by saying a little prayer: "My God, thank you for life. My God, make me fall in love with my life. My God, You are my life."

The Pope recognized that young people must fight an "oppressive inertia" that turns our world into shades of gray.

"May we allow the Lord to take us by the hand, since He never disappoints those who trust in Him, but always

lifts up and forgives," said Pope Francis.

Even when we fall or make mistakes, he added, God is there to pick us up as a Father, since He only sees us as "children to lift up, not as evildoers to punish."

Look at others, not at your smartphone

After we have arisen from our slumber or sin, said the Pope, we must "remain" in Jesus through the virtue of perseverance.

Rather than living on quick emotions and momentary satisfaction, Christians are called to persevere together in faith and love by praying in community at Mass.

"You might say, 'But all around me, everyone is on their own with their cell phone, glued to social media and video games,'" said Pope Francis. "Yet, you must fearlessly go against the current: take life into your hands, get involved; turn off the TV and open the Gospel; get off your cell phone and encounter people!"

Like the gondolas that ply the canals of Venice, young people should row against the current by letting God help them. "Rowing requires regularity," said the Pope. "But perseverance brings rewards, even if the path is difficult."

We are a gift for others

Pope Francis then turned to the second verb that describes Mary: "go."

"If rising is welcoming oneself as a gift, going means making oneself a gift," he said. "If life is a gift, I am called to live by giving myself for others."

The Pope invited young people gathered in Venice to embrace God's call to participate in His creation.

"Creation invites us to be creators of beauty ourselves, to create something that did not exist before," he said. "Life asks to be given, not managed; we must break out of the hypnotic world of social media that numbs the soul."

Paint the streets of life with the Gospel

In conclusion, Pope Francis urged young people to create a simple prayer from the heart and offer a "gesture of love to someone who cannot reciprocate."

"Open your heart to God, thank Him, and embrace the beauty that you are; fall in love with your life," he concluded. "Then go! Go out, and walk together with others; look for those who are alone, color the world with your creativity, and paint the streets of life with the Gospel. Arise and go."

YE NORO AND FORMATION VORU/SIRO PARISH

Hundred Attend Youth Encounters (YE) Seminar.



A three-day Youth Encounters Seminar was attended by approximately one hundred youths from the St. Eusebius Parish on May 17 at Ringgi.

The Seminar was facilitated by Br. Eris Zeus, Fr. Anil, Sr. Bernadette, and Colody, and was attended by youths from Noro, Canaan, Ringgi, Su-

lumuni, and Rarumana.

Highlights included videotaped discussions about the importance of personal prayer, followed by a sharing of inspirational stories by a few of the youth and the facilitators. Everyone who attended benefited from talks that emphasized the value of practicing purity,



standing up for the sacrament of marriage, and being a man and a woman.

To keep them near the Eucharist Fr. Anil celebrated Holy Mass. Afterward, entertaining games were played in the afternoon and evening with talent shows also held to keep them inspired.

Moreover, after Mass on Sunday, Fr. Anil spoke about the youth's mission because it was Pentecost Sunday.

"It was truly a spirit-filled weekend for everyone! May the Spirit continue to work in the lives of the youth of the parish as they go back to their daily routines until the next Youth Encounter" said Br. Eris.

20 Girls Attend a Day Formation.



Twenty (20) young girls were involved in the Come and See program for girls from Christ the King and St. Dominic parishes. They participated successfully in a formation program that began on May 20th.

Two Dominican sisters, namely Srs. Leonie and Clausina Pitamama were in charge of the program, and reporting from St. Dominic Sirovanga parish, Chris said that the program was enhanced by these sisters, who encouraged these young girls to integrate various spiritual practices such as contemplative prayer, meditation, and silence.

He said that a similar program for boys is planned for June. He continued by saying that the formation program's target audience is for other parishes in Choiseul Province.



PILGRIMAGE OF MAMA MARY

Pilgrimage of Mary's Sculpture Launch around Parishes.



Parishes across our diocese celebrated the pilgrimage of Mary's sculpture in the month of May.

A beautiful inauguration signaled the start of her pilgrimage



brating Mary's Month at Subesube Local Church.

Their Intention was praying through Mother Mary to intercede to his son Jesus for more vocation to the Priesthood, Brothers, Sisters, and Catechists in the Diocese of Gizo.

Other parishes in our diocese also hosted pilgrimages of a similar nature.



through the neighborhoods that surround their parishes.

In St. Dominic parish Otopanda zone, inauguration of Mary's sculpture was offered by Fr. Ben Revichibatu. During that time, the community came together to pray for Mary's intercession.

The pilgrimage then proceeded through the remaining five zones of their parish.

For St. Joseph Moli, the launching began at the mission station on Wednesday 1st May where each zone came in with Mary's sculpture before the celebration of Holy Eucharist; the sculptures were consecrated and then traveled to each zone via each respective village.

Likewise, in the Sacred Heart Parish Wagina; they celebrated the feast day of Our Lady of Luján, co-commemorated a 16th-century statue of Mary. Their celebration commenced on the 2nd week of May when they accompanied Our Lady of Lujah

sculpture through the village and to the Chapel.

Also reporting from St John Bosco Parish Taro, Fr. Jacob said that women are cele-



FUNDRAISING!!

Coming for Voruvoru Chapel

A Call has Urged Everyone living in Honiara to Support the Christ the King Parish Chapel Voruvoru.



Appeal to our Sister parishes who are with us in Honiara to give support.

STANDBY FOR THE NEXT FUNDRAISING COMING UP!!

ST. MARTHA WOMEN'S FORMATION GIZO

St. Martha Women's Success a Day Gathering.



The Saint Martha Women of Gizo parish wrapped up their one-day seminar on Spiritual Formation and Planning on Saturday, May 25th, at Lo-ga Island.

The program began with Thanksgiving mass and a beautiful homily by Fr. Dominic Soloko. They then engaged in a variety of activities to keep themselves busy all day.

Reporting was Sr. Teresa Tebaia OP saying that they had their meditation to keep them close to the Spirit, followed by indoor games to keep them prepared for the day's sessions.

The main topics of discussion included contributions about the goals and mission of the Catholic women's movement inside the church and the value of communication in building healthy connections with God, other people, and oneself.



The program was run by two Dominican sisters, Sr. Bari and Sr. Teresa and Janet Burabura, along with their executives, Clotilda and Joy. The program involved twenty women from St. Peters Parish of Gizo.

These women expressed their gratitude as they really enjoyed the day and are looking forward to their next events, stated Sr. Teresa Tebaia OP.

The Solemnity of the Most Sacred Heart of Jesus



Feast of the Sacred Heart is observed on June 07, 2024. The Feast of the Sacred Heart (properly the Solemnity of the Most Sacred Heart of Jesus) is a solemnity in the liturgical calendar of the Roman Catholic

Church. It falls 19 days after Pentecost, on a Friday.

Saint Peter and Saint Paul, Apostles



The Feast of Saints Peter and Paul, celebrated in honor of these revered apostles, will occur on June 29, 2024. Let us reflect on their significant roles:

Saint Peter:

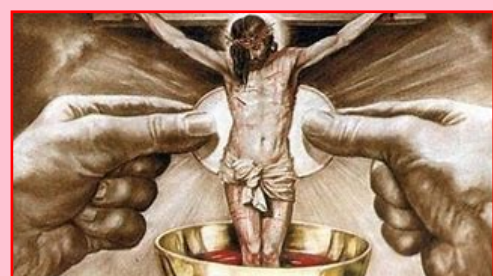
First Pope: Peter, also known as Simon Peter, was one of Jesus' closest disciples. He played a pivotal role in the early Christian community and is considered the first Pope.

Saint Paul:

Apostle to the Gentiles: Paul, originally known as Saul, underwent a profound conversion and became a fervent preacher of the Gospel. He tirelessly spread Christianity among the Gentiles.

The Most Holy Body and Blood of Christ

The Solemnity of the Most Holy Body and Blood of Christ, also known as Corpus Christi Sunday, falls on June 2, 2024. This feast day highlights the Real Presence of Jesus in the Eucharist, including Body, Blood, Soul, and Divinity.



CHRIST THE KING AND ST. JOHN BOSCO PARISH NEWS

Pastoral Visits Successfully in Sariana.



Ecu-
menical gath-
erings, particu-
larly at Pan-
gobiru Com-
munity High
School, have
been a part of
a one-week
pastoral visit
to the Sariana
zone, since
the pastoral
visit began on
May 9.



Many observers
have praised Fr. To-
mas Pata and the
team for their pastoral
effort, especially the
teachers who ex-
pressed satisfaction
with the visitation.

Some asserted that
assembling for the Eucharistic celebration is a sign
of love.

The pastoral visit, which went from Sekulu vil-
lage to Ogho village involved communities and
schools.

**Five Children Receive Sacra-
ment of Baptism.**



Five more children were baptized on May 9th, the
first day of a one-week pastoral tour.

Overall, there have been Ten (10) baptisms, indi-
cating that the Small Christian Communities in each
zone are becoming more empowered.

Fr. Tomas and the team's visits to Koage com-
munity have been praised from those areas.

Taro Knights Enjoy Pastoral.



St. John
Bosco Knights
of the Taro are
enjoying their
time with one
of their pasto-
ral visit around
the coastal re-
gion on 12 May
last month.

Accompany-
ing them was
their parish
priest Fr. Jacob
who enlight-



ened the boys on their
visit to Sipokana, Raba-
kela, and Subesube,
where they observed
Mother's Day and the
solemnity of Jesus' As-
cension.

A pastoral day was
made specifically for
mothers who enjoyed
their time with more
praise from fathers and
children on that day of
the Ascension.

School Holidays 2024

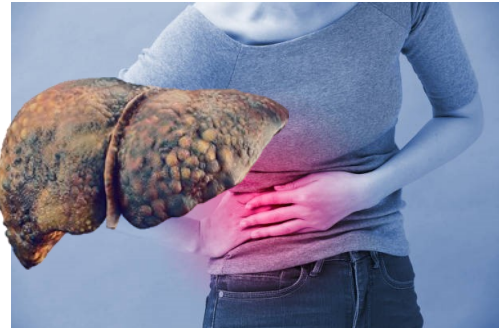


Terms & Breaks	Starts and Finish	Total Weeks
Term 2	Begins Tuesday 2nd March Ends Friday 7th June	10 Weeks
Term 3	Begins Tuesday 9th July Ends Friday 13th September	10 Weeks
Term 4	Begins Monday 23rd Sep- tember Ends Friday 29th November	10 weeks

HEALTH TIPS & NEXT EVENTS.

From previous article (Mayo Clinic Online)

Complications



Complications of liver disease depend on the cause of the liver problems. Without treatment, liver disease may progress to

liver failure. Liver failure can be fatal.

Prevention

To prevent liver disease:

- **If you choose to drink alcohol, do so in moderation.** For healthy adults, that means up to one drink a day for women and up to two drinks a day for men.
- **Avoid risky behavior.** Use a condom during sex. If you get tattoos or body piercings, pick a shop that's clean and safe. Seek help if you shoot illicit drugs. Don't share needles to shoot drugs.
- **Get vaccinated.** If you're at increased risk of getting hepatitis, talk with your healthcare pro-

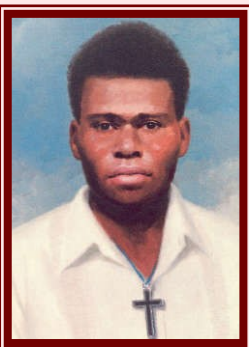
fessional about getting the hepatitis A and hepatitis B vaccines. This also is true if you've been infected with any form of the hepatitis virus.

- **Be careful when taking medicines.** Take prescription and other medicines only when needed. Take only as much as directed. Don't mix medicines and alcohol. Talk with your healthcare provider before mixing herbal supplements or prescription or other medicines.
- **Stay away from other people's blood and body fluids.** Hepatitis viruses can be spread by accidental needle sticks or poor cleanup of blood or body fluids.
- **Keep your food safe.** Wash your hands well before eating or making foods. If traveling in a resource-poor country, use bottled water to drink, wash your hands and brush your teeth.
- **Take care with aerosol sprays.** Make sure to use these products in an open area. Wear a mask when spraying insecticides, fungicides, paint and other toxic chemicals. Always follow the maker's instructions.
- **Protect your skin.** When using insecticides and other toxic chemicals, wear gloves, long sleeves, a hat and a mask so that chemicals don't get on your skin.

Maintain a healthy weight. Obesity can cause nonalcoholic fatty liver disease, now called metabolic-associated steatotic liver disease.

To be continue next issue

UPCOMING EVENTS FOR JULY 2024



Blessed Peter Torot
July 8th Tuesday

On January 17, 1995, Pope John Paul II visited Papua New Guinea to celebrate the beatification of Peter To Rot (pronounced "toe rote"). Missionaries of the Sacred Heart throughout the world celebrated because Peter To Rot was intimately connected to our missions. He was trained by and worked with the MSC on the island of New Britain in Papua New Guinea.

Our Lady of Peace, Mother of Peace, Queen of Peace....

....or Our Lady Queen of Peace is a title of the Blessed Virgin Mary in the Roman Catholic Church. She is represented in art holding a dove and an olive branch, symbols of peace. Her official memorial in the General Roman Calendar is on July 9 in the universal Church except for Hawaii and some churches in the United States, where it is kept on January 24.

