



BISHOPS' PASTORAL MESSAGE — July 2023.



Dear Collaborators, friends, people of God of the Gizo Diocese,

The last week of June was a truly blessed one for our diocese. Bishop Elect Peter accompanied our priests in their journey of their annual spiritual retreat. From the comments I heard it was a truly spiritual experience of Communion of the Gizo Priests with God, with their new bishop and with each other.

Rainy weather and Betania rest house provided an ideal atmosphere. Rough seas delayed a bit their return trip.

We welcome to Fr Charles of the Servants of Charity to be with Fr Anil at Noro. We empathize with Fr. Simon affected by Dengue and wish him quick recovery.

On Sunday July 2 we celebrated the solemnity of Saints Peter and Paul the patrons of our Diocese. The first ordination of a permanent deacon (Rev Jerome Kuibatu) in the history of the Solomon Catholic Church and the following well prepared program crowned the activities of the day. A true experience of Communion with God, our protector saints and each other.

I took the occasion to meet all the priests at the end of their retreat and the organizing committee to exchange views about the 'taking possession of Bishop Elect Peter'. We then presented the proposed date to the Nuncio, the Archbishop and Bp. Peter. We now have a date.

We chose August 27 for the taking possession of the diocese by our new Bishop.

The Preparatory committee headed by our Vicar Fr Te'e is preparing for the details of the celebration. I am sure they will inform us soon of the details of the events and of the solidarity needed from every one.

We are inviting every parish to participate in the spiritual preparation with prayer vigils and some appropriate activities for the 9 days previous to the Celebration. The purpose of the prayer vigils will be to ask God for all the graces our new bishop will need to lead the priests and the people of God as a Good Shepherd.

I also ask your prayers that I may discern God's will for me now. One thing is sure, as long as we are still alive our mission is not ended... I still feel very much alive (as a 76 years old) and may I ask you to join me in thanking God and renewing my YES to His will and His Kingdom as the highest priority in my life, "till my last breath" "until death do us part"

"For all that was, Thank you Lord, For all that will be, Yes Lord"



With the same love as ever. From your 'expiring bishop' who love you with a Solo Heart made in Italy (and recently repaired in Rome with a brand new STENT)

Bp Luciano Capelli, sdb, for you a bishop for the past 16 years, with you a brother till the end of eternity

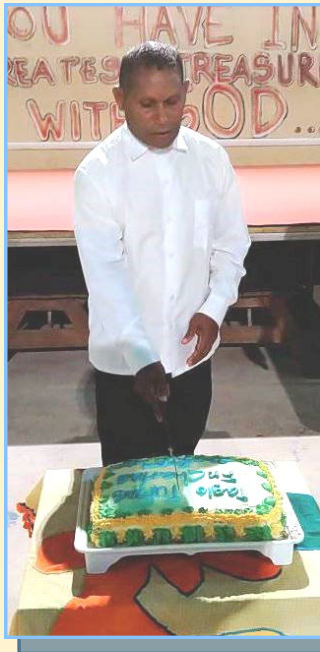
FR. CHARLES AND OUR NEW BISHOP

Inside this issue.

Bishops Pastor message page 1
 Priest Page (Fr. Charles farewell & New Bishop) page 2

Our Pastoral (First P. Deacon Odain) Page 3
 Youth Page (Youth in Big Role) page 4
 S/Deanery News in bits (Moli & Taro) page 5
 Health Tips page 6

Fr. Charles Taloikwai from the Diocese of Auki Farewell.



After completing two months of pastoral work in St Peter's Parish Gizo, Fr. Charles Taloikwai from the Diocese of Auki was finally farewell.

His farewell ceremony was on the 14th of June at 7pm with the presence of Vicar General Fr. Stephen Te'e, religious, and parishioners.

During the speeches the vicar thanked him for his enthusiasm and dedication. He was described as a prayerful,

disciplined, and very pastoral person.

Fr. Stephen Te'e said that he always took Jesus (Eucharist) with him to the hospital. He thanked him for his willingness during the absence of Fr. Lawrence Kimaere OP and our bishop.

In reply, Fr. Charles said that he was representing his bishop from his diocese.

He thanked the Holy Spirit, which is always with him and sees the parish as many blessings from him. His dedication and contribution means a lot to him while fulfilling his mission.

During these 2 months of pastoral Fr. Charles earned a lot of experience traveling by sea and land in and around St. Peters parish Gizo; visiting the communities and giving out spiritual formation.

He visited the sick and the aging. He also gave talks on spiritual, moral and culture to training centers, youth groups, men's and women's groups and other spiritual groups.

Also, he had a big opportunity during his homily while celebrating Holy Eucharist. This was one of his privileges to approach the parishioners reminding them to be close to the church.

When interviewed, he mentioned that his pastoral visitation had motivated him to go further to those who are isolated. However, at the end of the

two months, he had offered enough and now he has to go back at his own diocese, Auki Malaita.

Some of his recommendations are;

1. When doing pastoral tours, a team should be encouraged for spiritual and moral programs.
2. If there is any weaknesses, see our priest for consultation.

St. Peter Gizo Welcome their new Bishop.



St. Peter Parish Gizo welcomed their new diocesan bishop, Bishop Peter Houhou on Sunday 25th June 2023.

Bishop Peter was warmly received by parish executives, diocesan workers, and the parishioners before the 10:00 am Mass celebration.

During Mass, the community in and around Gizo poured into the Cathedral to celebrate Mass with him, assisted by Vicar General Fr. Stephen Te'e and Fr. Dominic Soloko.

A beautiful, simple, powerful and encouraging message enlightened everyone from Bishop Peter's sermon on the 1st and 2nd readings and St Mathew's Gospel, on which he based his statement on 2 main questions; "Is there life after death?" and "Is there life after birth?"

Bishop Peter's presence here in our diocese was to facilitate the annual Priest Retreat in Bethania, Gizo from 26th to 30th June 2023.

However, his arrival motivated the Catholic community around Gizotownship to welcome him before his installment (2 months) as bishop of the Diocese of Gizo.

FIRST PERMANENT DEACON ORDAIN

To: Our Beloved Emeritus Bishop Luciano Capelli Sdb.

From: ST John Bosco Parish Taro Choiseul Province, Solomon Islands.



We the Parishioners of St John Bosco Parish, Taro, would like to say thank you to you for your 15 years of governing the Diocese of Gizo. You have been a Savior to us especially when

Western Solomon was struck by Tsunami Earthquake to its knees. You gave us courage and hope during that period of instability especially in rebuilding our faith, in terms of spiritual, physical, and intellectual.

You are a veteran soldier of Christ courageously implementing the Diocesan 11 recommendation from the General Assembly 2005 held in Nila. With all, we say millions of thanks to you.

Your 24 years in the Solomon Islands ended like this. Tetere, Henderson and Gizo Diocese. HAPPY 49 ANNIVERSARY OF YOUR PRIESTLY ORDINATION.

Special thanks to the ORMA volunteers, other groups, and benefactors for really supporting you in completing all our dreams. Kindly pass our gelato regards.

We will miss you all; however, we will treasure all of your generous hearts and pray for you all.

From the bottom of our heavy heart, we say millions of hugs to you all.

ITALIAN HEART MADE IN SOLOGIZO
CheDioCibenedica. Ciao ciao
FR Jacob Qeto PP, TARO Island



for the Diocese of Gizo whom has been welcomed at the Altar to serve the priests.

Rev, Jerome Kuibatu could assist parish priests or bishops, especially in missionary areas where a shortage of clergy existed. The diaconate should be restored as a permanent state of life, in accordance with the norms of the Dogmatic Constitution on the Church. It would help those men who carry out the ministry of a deacon - preaching the Word of God as catechists, governing scattered Christian communities in the name of the bishop or parish priest.

A historical event happening in the Catholic Church of Solomon Island, especially for the diocese of Gizo is the ordination of a married man to be close with the priests at the Altar. This has invited married men as well as singles to become Permanent Deacons (PDs) in the church.

He was ordained by Bishop Luciano Capelli sdb, assisted by his priests, and witnessed by his wife, children, relatives, and parishioners.

A beautiful celebration with the solemnity of St. Peter and Paul ended successfully with feasting and thanksgiving to God for the historical event.

Diocese of Gizo Ordain 1st Permanent Deacon.



The Catholic Diocese of Gizo has ordained its first Permanent Deacon (PD) at St. Peters Cathedral Gizo during the Cathedral's feast day on the 2nd Sunday of July 2023.

He is Jerome Kuibatu who is a current pastoral coordinator



YOUTHS IN BIG ROLE

Maleai Youths in Big Role.



Youths from Maleai village play a big role in community activities, especially during celebrating their feast day the solemnity of the Sacred Heart of Jesus.

Involving these young people is good for our society as research shows it improves civic participation, health, well-being, social inclusion, etc.

They are there not just for the purpose of the program but directly involving them build a culture



of intergenerational cooperation, trust, and respect.

Young people who are valued as active contributors to a community are more likely to serve their area or become local leaders.

Also addressing the spiritual development of young people has the potential to strengthen youth work and its outcomes. It matters because it is an intrinsic part of being human and because young people themselves view it as important.

Fishing Village Appreciates Transport Project.



Fishing village Gizo has appreciated their newly funded transport project that is now benefited them.

Speaking on behalf of the community, the chairperson Michael Akwai thanked the Don Bosco Missions in Germany for the purchase of 15 Yamaha engine and the 21ft ray boat to assist the Catholic community at fishing village. Also he thanked the parish priest for helping out sought funds from the benefactor.



He assured that his community will look after the project well for the benefit of all men, women and children of their community.

Now they are able to use the boat for transporting their products to market outlets, transporting school children, transporting sick people, and also fishing trips to generate some income for the community.

ST. JOSEPH MOLI AND ST. DON BOSCO TARO

The celebration at Maleai Nila parish on the 16th of June during their feast day, and the pilgrimage of Mama Mary has beautiful their community for these young people are doing.

So involving young people is a good investment for everyone: communities, our church and you.

Celebrating Solemnity Enlighten Faithfull. *(inf- Anthony Telovae media volunteer Moli Parish)*



Solemnity celebrations have continued to enlighten parishioners especially those youths who continue to observed and learn more about why we have such celebrations.

Such celebrations also have the faithful to come together, and it is a feast day of the highest rank of celebrating a mystery of the faith in the church.

St. Joseph Parish Moli has come up with a beautiful celebration of the Blessed Body and Blood of Jesus Christ on Sunday the 11th of June. With a Blessed Holy Eucharist, a procession began from the old church building to the new church where everyone celebrated together.

The celebration has reminded the parishioners



of the real presence of Christ in the Blessed Holy Eucharist.



Hey Mum Seminar on Ancient Teaching. *(Taro/Supizae community catechist--- Peter channel Mokesa)*

St. Don Bosco Taro has come up with a creative idea to facilitate a 2 days seminar on Hey Mums training at Rabakela village on the 17th and 18th of June.

The seminar was based on the ancient teaching on the cultural way of living in a domestic community, the virtues of mothers they play during their involvement with family and the community, and some of the advantages factors the family plays during ancient days.

The seminar also allows participants to reflect on the current advantages and disadvantages features the family faces.

Participated by 60 participants involving mothers, fathers, and youths from their own parish.

The participants were motivated to show gratitude towards the seminar and everyone enjoy this 2 days seminar.

The program was facilitated by the parish coordinator Mr. Kevin Sosimo and Mr. and Mrs. Nalegolomo, which ended with a Thanksgiving Mass celebration and feasting.



COPING WITH STRESS.

Coping with Stress.

(from previous article)

<https://www.verywellmind.com/stress-and-health-3145086>

Although stress is inevitable, it can be manageable. When you understand the toll it takes on you and the steps to combat stress, you can take charge of your health and reduce the impact stress has on your life.

- **Learn to recognize the signs of burnout.** High levels of stress may place you at a high risk of burnout. Burnout can leave you feeling exhausted and apathetic about your job. When you start to feel symptoms of emotional exhaustion, it's a sign that you need to find a way to get a handle on your stress.
- **Try to get regular exercise.** Physical activity has a [big impact on your brain and your body](#). Whether you enjoy Tai Chi or you want to begin jogging, exercise reduces stress and improves many symptoms associated with mental illness.
- **Take care of yourself.** Incorporating [regular self-care activities into your daily life](#) is essential to stress management. Learn how

to take care of your mind, body, and spirit and discover how to equip yourself to live your best life.

Practice mindfulness in your life.

Mindfulness isn't just something you practice for 10 minutes each day. It can also be a way of life. Discover [how to live more mindfully throughout your day](#) so you can become more awake and conscious throughout your life.



To be continue next issue

- UPCOMMING FEAST DAYS FOR NEXT MONTH -

Transfiguration of the lord.



(Sunday 6th of August)

The Assumption of the Blessed Virgin Mary

Tuesday 15th of August

